




Immerse yourself in the culinary arts of Bali

# COOKING CLASSES



**“** Cooking is like painting or writing a song.  
Just as there are only so many notes or colors,  
there are only so many flavors - it's how you  
combine them that sets you apart.

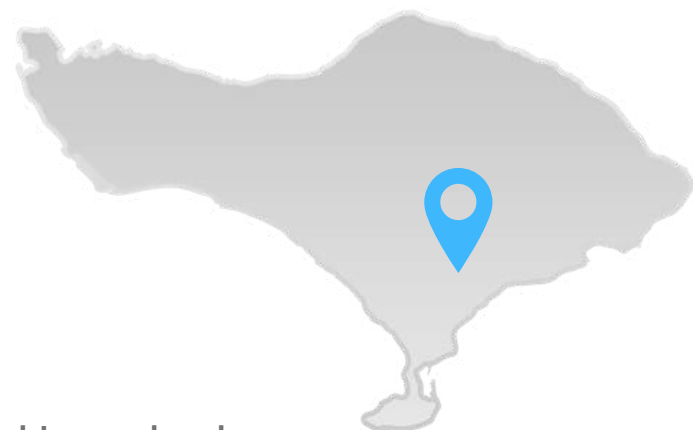
- Wolfgang Puck

# Casa Luna Cooking School

## ABOUT

Discover the secrets of Balinese food with Janet DeNeefe and her team in the acclaimed Casa Luna Cooking School. Explore cooking techniques and the fascinating kitchen myths of this unique culture, followed by a lavish Balinese feast.

**Location:**  
Ubud



**Website:**  
[www.casalunabali.com/casa-luna-cooking-school](http://www.casalunabali.com/casa-luna-cooking-school)



# Casa Luna Cooking School

## DETAILS

### Rate:

Rp 400,000 per person

### Market Tours:

Meet at La Casa at 8am, followed by a cooking class at the guesthouse

### Mondays

9:30am to 1pm

Spiced fish in banana leaves

Asian spinach in tomato sambal

Black rice pudding

Fragrant tuna curry

Carrot & cucumber salad

### Wednesdays

9:30am to 1pm

Balinese chicken satay

Lawar

Gado-Gado

Beans in coconut milk

Corn fritters

Fragrant yellow rice

### Fridays Beginners Class

9:30am to 12 noon

Nasi goreng

Krupuk

Fruit in coconut milk

Chicken satay

Peanut sauce

### Tuesdays + Market Tour

8am to 1pm

Mie goreng

Roasted white eggplant

Green coconut crepes

Tempe curry

Fern salad

### Thursdays + Market Tour

8am to 1pm

Chicken curry

Coconut and anchovy sambal

Sago pudding

Stir-fried eggplant

Bean-coconut salad



# Casa Luna Cooking School

## DETAILS

**Gourmet Food Four: Night Market Feast**  
Thursdays and Fridays | 6pm to 8:30pm  
Rp 400,000 per person

Visit the bustling Gianyar Night Market at dusk and experience the ambiance of a Balinese "Pasar." Learn about local snacks and traditional market foods followed by an open-air feast of home-cooked specialties.

**New Food as Medicine: Vegetarian Cooking Class**  
Saturdays | 9:30am to 1pm  
Rp 450,000 per person (Recipes included)

Discover the extraordinary healing properties of spices and their colorful history. Enjoy a hands-on cooking class with a vegetarian menu of pumpkin curry, tempe with fresh lemon basil, roasted coconut banana flower salad, organic bamboo shoots, seasonal greens and red rice followed by non-dairy coconut ice cream. Numbers limited.

**Twilight Smoked Duck Class**  
Sundays | 5:30pm to 9pm  
Rp 500,000 per person

Learn the secrets of Bali's most celebrated dishes. Our smoked duck feast includes lawar, yellow rice, coconut ice cream, and rice wine.

**Gourmet Food Tour: Palm Sugar and Sea Salt**  
Monday to Sunday | 8am to 2pm  
Rp 450,000 per person

Enjoy a tour of the picturesque East and witness the time-honoured technique of making caramel-flavoured palm sugar in a charming hillside compound, followed by a visit to see the making of fresh sea salt and a seafood lunch nearby at a famous local eatery.



# Casa Luna Cooking School

## TERMS AND CONDITIONS

- Full deposit payment is required for bookings.
- A minimum of 4 people is required for classes.
- Apron is available during the class.
- Free shuttle service is available for Ubud surrounding area (pick-up only)
- Shuttle Service Meeting Points:
  - Casa Luna Restaurant
  - Bank Danamon Ubud
  - Indus Restaurant
  - Cocomart Supermarket





# Jambangan Bali

## ABOUT

Learn more about Balinese culinary arts through Jambangan Bali's Cooking Class.

Program includes:

- Market Tour
- Rice Fields Tour
- Balinese House Tour
- Coconut Oil Processing
- Making Daily Offering
- Cooking at a Balinese House
- Authentic Lunch or Dinner

**Location:**

Ubud

**Website:**

[www.jambanganbalicookingclass.com](http://www.jambanganbalicookingclass.com)





# Jambangan Bali

## DETAILS

**Rate:** Rp 350,000 per person

**Inclusions:** Complete Recipes, certificate, free pick-up in Ubud area

**Pick-up Time:**

Morning - 8:30am to 9am

Afternoon - 2:30pm to 3pm

**Menu:**

Vegetable Soup

Sate empol

Lawar Bali

Tempe manis

Chicken curry

Tum Tuna

Gado-gado

Sweet Potato

Caramel

**Menu (Vegetarian):**

Vegetable Soup

Banana curry

Pepes Tofu

Lawar bali

Tempe manis

Gado-gado

Kebab sate

Banana caramel





**THE PRIVATE WORLD**  
VILLAS & HOMES